

## Women Advancing in Leadership

This course will give you a unique opportunity to think about your leadership, personal values and career goals and how you can overcome barriers to succeed as a female leader.

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### WHO SHOULD ATTEND

The course is for all women professionals, managers or directors who want to develop and progress in their career, and gives an opportunity to work with a group of women experiencing similar challenges.

### SUMMARY

"Only 4.6% of chief executives are female and fewer than a third of the UK's most influential jobs are held by women"....

This course will give you a unique opportunity to think about your leadership, personal values and career goals and how you can overcome barriers to succeed as a female leader.

We will consider what may hold you back from progression in your career - and give practical advice on how this can be tackled.

You will gain an understanding of the latest research on gender in leadership, what your own challenges are and leave the day with insight and practical actions to empower you.

### WHAT YOU'LL LEARN

- Current leadership thinking and the key challenges facing women leaders today
- How gender messages have impacted on your behaviour as a leader
- Building and maintaining confidence and self belief
- The importance of enhancing your strengths and how to do it
- How to improve your resilience
- Why language matters - challenging negative messages
- Communicating with confidence and raising your profile to those who matter
- Effective networking: practical tips to build your professional network
- How to influence at a business strategy level
- Leading culture change: taking a key role in changing your organisational culture
- Work/life pressures: managing competing demands